

☀️ PARENT HANDBOOK ☀️

GAN SHEMESH SUMMER CAMP ☀️

Chabad of Bedford 📍 220 S Bedford Rd. Mt Kisco, NY

🎈 WELCOME TO GAN SHEMESH SUMMER CAMP! 🎈

Hey awesome parents! 🙌 We're beyond excited to welcome your little camper for an unforgettable summer filled with fun, friends, and adventure! 🍷🌟

This handbook is your go-to guide for everything you need to know to make camp a fantastic experience! 🎉

Our loving and energetic staff are dedicated to making every camper feel safe, happy, and included while creating amazing memories! 🌈💕

👕 CAMP T-SHIRTS 👕

👕 Camp shirts must be worn every day to help keep campers safe and build a sense of community!

You can purchase camp shirts here or online at chabadbedford.com/camp.

💡 Tip: Having two or more camp shirts makes mornings easier!

📱 STAY CONNECTED!

We use the Brightwheel app to post daily photos 📷, updates 🗣️, and important messages!

💡 Tip: Turn on notifications so you don't miss out on updates!

🚗 ARRIVAL & PICKUP 🚗

🕒 Camp Hours:

🕒 Drop-off: 9:00 AM

🕒 Pickup: 12:00 PM (or 1:00 PM for Stay & Play)

♦ Where to Go:

- Park in the lot and escort your child to their classroom 🧑

- Greeted warmly by our amazing counselors 💕
- Safety first! Always hold your child's hand in the parking lot 🚶

🚦 Pickup Rules: Only pre-authorized adults can pick up your child! If someone else is picking up, send us an email

💡 Tip: We'll have your child packed and ready by 11:55 AM for a smooth pickup!

🎒 WHAT TO BRING EVERY DAY 🎒

- ✓ Apply sunscreen at home! Staff cannot apply sunscreen at camp ☀️
- ✓ Wear a bathing suit under clothes (water play every day!) 🛁
- ✓ Sneakers & socks ONLY (no sandals, flip-flops, or party shoes) 👟
- ✓ Water bottle (filled with ice water) 💧
- ✓ Hat for extra sun protection 🧢
- ✓ Extra underwear & socks (accidents happen!) 🩴
- ✓ Water shoes (for water play) 🦶
- ✓ Towel for drying off after water fun 🛀

👕 On Day 1: Bring an extra set of clothes (labeled) to leave at camp!

👶 Diapered Campers: Bring a labeled supply of diapers & wipes to be kept at camp.

🗣️ LABEL EVERYTHING! Names on clothes, bottles, and gear

Get ready to splash and giggle every day! 💦

🚫 No pools—only safe water activities like:

- ✓ Sprinklers 🌊
- ✓ Water tables 💧
- ✓ Splash pads 💧
- ✓ Water slides 🎢

🌈 A TYPICAL CAMP DAY 🌈

Here's what a fun-packed camp day looks like! 🥳

🏖️ Playground Time - Climbing, sliding, running!

🎨 Arts & Crafts - Creative projects every day!

💧 Water Play - Splashing fun in the sun!

🍎 Snack Time - Healthy & delicious treats!

📖 Storytime - Imaginative and interactive tales!

 Gardening - Exploring nature and plants!
 Special Activities - Theme-based fun surprises!

WEEKLY THEMES

Each week brings new adventures based on an exciting theme! 

SNACK TIME

Yum! We provide healthy, peanut-free, kosher snacks every day!  

 No outside food, please!

 Tip: Send a labeled lunch if your child stays for Stay & Play!

CAMP SPECIALS!

Every day at camp is packed with exciting activities, and we have special weekly events that your little one will love!

MONDAYS: GYMNASTICS WITH COACH ANATOLI

Jump, roll, and stretch!  Coach Anatoli leads a fun gymnastics session to help campers build confidence, balance, and strength in a playful way!

TUESDAYS: SPORTS COACH

Ready, set, go!  Our Sports Coach brings energy and fun with awesome games and activities that help build teamwork and motor skills!

WEDNESDAYS: SPECIAL VISITOR DAY!

Every Wednesday, we welcome a special guest for an exciting new experience!  Past guests have included:

- Bubble Bus  – A magical world of bubbles! Critter Caravan  – Hands-on fun with friendly animals! Funzone Foam Machine  – A foamy, giggly adventure!

THURSDAYS: YOGA WITH CORRIE

A perfect way to relax and stretch!  Corrie leads a fun and interactive yoga class where campers move, breathe, and play with mindful moments!

🌟 SHABBAT FRIDAYS 🌟

Every Friday, we celebrate Shabbat together! 🎵

- ✓ Singing & dancing 🎤
 - ✓ Lighting candles 🕯️
 - ✓ Saying the blessings 🙏
 - ✓ Enjoying challah & grape juice 🥖🍇
-

🎂 BIRTHDAYS 🎂

Got a summer birthday? 🎈 Let's celebrate your camper's special day! 🎉

- ✓ Let the Director know in advance 📅
 - ✓ We'll make it extra special! 🎊
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👤 DIAPER & POTTY TIME 👤

- Diapers are checked & changed as needed! 👤
- If your child is potty training, pack extra clothes for peace of mind! 😊

💡 Tip: Have your child use the bathroom before leaving home!

🩺 HEALTH & SAFETY 🩺

- ✓ Medical Forms: Must be uploaded to Brightwheel before camp starts! 📄
- ✓ Sick Policy: Keep kiddos home if they have a fever or contagious illness. 🤒
- ✓ Let us know if your child has been sick so we can keep everyone safe! 🩹

💡 Tip: Encourage handwashing often! 🙌

💛 HELPING WITH SEPARATION 💛

For some campers, this might be their first experience away from home—and that's okay! 💕

Here's how we help:

- ✓ Warm, friendly counselors ready to give reassurance 🤗
- ✓ Fun activities to keep them engaged 🎨🏃
- ✓ Daily routines that help them feel comfortable 🕒
- ✓ Encouragement & patience 🤝

💡 Tip: A short and confident goodbye helps your child transition smoothly! 🚀

Thank you for being part of the Gan Shemesh family! We're ready for endless fun, adventure, and friendship! 🌟🍌 Let us know if you have any questions! See you soon!



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GAN SHEMESH SUMMER CAMP 2026

GAN SHEMESH

CAMP HOURS
9 AM - 12 PM
12 - 1 PM Stay and Play

SESSION ONE
JUNE 29 - JULY 10

SESSION TWO
JULY 13 - JULY 24

SESSION THREE
JULY 27 - AUG 7

BONUS WEEK!
AUG 10 - AUG 14

Fresh fruit and snacks provided

Outdoor waterslides and Sprinklers

Indoor air conditioned classrooms and large indoor play area with inflatables

Experienced Teachers

ChabadBedford.com/Camp

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 THANK YOU HEROES	June 29 USA PRIDE WREATHS FIRST RESPONDERS	June 30 SPORTS WATERMELON POPS	1 FIRE DEPARTMENT VISIT	2 YOGA WITH CORRIE POLICE	3 RED, WHITE & BLUE SHABBAT SHABBAT CHALLAH BAKE
WEEK 2 LITTLE BUILDERS	6 TIRE PAINTING GYMNASTICS WITH COACH ANATOLI	7 SMOOTHIES SPORTS	8 INFLATABLE LEGOS OBSTACLE COURSE	9 YOGA WITH CORRIE BUILDING A FORT	10 SHABBAT UNDER CONSTRUCTION SHABBAT CHALLAH BAKE
WEEK 3 DINOSAURS	13 ICE PAINTING ART GYMNASTICS WITH COACH ANATOLI	14 MUD PIES SPORTS	15 LIVE ANIMATRONIC DINO	16 DINO DIG YOGA WITH CORRIE	17 SHABBAT IN THE WILD SHABBAT CHALLAH BAKE
WEEK 4 ISRAEL	20 HEBREW NAME ART GYMNASTICS WITH COACH ANATOLI	21 ALEPH BET COOKIES SPORTS	22 THE FALAFEL SHUK MARKET	23 KOTEL VISIT YOGA WITH CORRIE	24 SHABBAT AT THE TEL AVIV BEACH SHABBAT CHALLAH BAKE
WEEK 5 ANIMALS	27 FACE PAINTING GYMNASTICS WITH COACH ANATOLI	28 HUMMUS FROM SCRATCH SPORTS	29 SPECIAL VISITOR: CRITTER CARAVAN ANIMALS	30 PAJAMA DAY YOGA WITH CORRIE	31 SHABBAT AT THE FARM SHABBAT CHALLAH BAKE
WEEK 6 SPACE EXPLORERS	3 ROCKET SCIENCE GYMNASTICS WITH COACH ANATOLI	4 CHOCOLATE MOON BANANA POPS SPORTS	5 FOAM PARTY	6 SENSORY EXPLORATION YOGA WITH CORRIE	7 SHABBAT ON THE MOON SHABBAT CHALLAH BAKE
WEEK 7 ART EXTRAVAGANZA	10 TIE DYE GYMNASTICS WITH COACH ANATOLI	11 SPORTS ICE CREAM	12 FUNZONE PARTY SAND ART TABLE	13 YOGA WITH CORRIE SCULPTING	14 SHABBAT CARNIVAL SHABBAT CHALLAH BAKE