

☀️ PARENT HANDBOOK ☀️

GAN SHEMESH SUMMER CAMP ☀️

Chabad of Bedford 📍 220 S Bedford Rd. Mt Kisco, NY

🎈 WELCOME TO GAN SHEMESH SUMMER CAMP! 🎈

Hey awesome parents! 🙌 We're beyond excited to welcome your little camper for an unforgettable summer filled with fun, friends, and adventure! 🍌🌟

This handbook is your go-to guide for everything you need to know to make camp a fantastic experience! 🎉

✉️ Questions? Email us anytime at sara@chabadbedford.com

Our loving and energetic staff are dedicated to making every camper feel safe, happy, and included while creating amazing memories! 🌈💖

👕 CAMP T-SHIRTS 👕

👕 Camp shirts must be worn every day to help keep campers safe and build a sense of community!

You can purchase camp shirts here or online at chabadbedford.com/camp.

💡 Tip: Having two or more camp shirts makes mornings easier!


📱 STAY CONNECTED!


We use the Brightwheel app to post daily photos 📷, updates 📢, and important messages!

💡 Tip: Turn on notifications so you don't miss out on updates!




ARRIVAL & PICKUP


 Camp Hours:


 Drop-off: 9:00 AM

 Pickup: 12:00 PM (or 1:00 PM for Stay & Play)









♦ Where to Go:


- Park in the lot and escort your child to their classroom 
- Greeted warmly by our amazing counselors 
- Safety first! Always hold your child's hand in the parking lot 


 Pickup Rules: Only pre-authorized adults can pick up your child! If someone else is picking up, send us an email

 Tip: We'll have your child packed and ready by 11:55 AM for a smooth pickup!

WHAT TO BRING EVERY DAY

- ✓ Apply sunscreen at home! Staff cannot apply sunscreen at camp 
- ✓ Wear a bathing suit under clothes (water play every day!) 
- ✓ Sneakers & socks ONLY (no sandals, flip-flops, or party shoes) 
- ✓ Water bottle (filled with ice water) 
- ✓ Hat for extra sun protection 
- ✓ Extra underwear & socks (accidents happen!) 
- ✓ Water shoes (for water play) 
- ✓ Towel for drying off after water fun 

 On Day 1: Bring an extra set of clothes (labeled) to leave at camp!


 Diapered Campers: Bring a labeled supply of diapers & wipes to be kept at camp.




 LABEL EVERYTHING! Names on clothes, bottles, and gear = fewer mix-ups! 

WATER PLAY

Get ready to splash and giggle every day! 

 No pools—only safe water activities like:








✓ Sprinklers 

- ✓ Water tables 
- ✓ Splash pads 
- ✓ Water slides 

 Tip: Pack water shoes for comfort and safety!







A TYPICAL CAMP DAY

Here's what a fun-packed camp day looks like! 

-  Playground Time - Climbing, sliding, running!
 -  Arts & Crafts - Creative projects every day!
 -  Water Play - Splashing fun in the sun!
 -  Snack Time - Healthy & delicious treats!
 -  Storytime - Imaginative and interactive tales!
 -  Gardening - Exploring nature and plants!
 -  Special Activities - Theme-based fun surprises!
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WEEKLY THEMES


Each week brings new adventures based on an exciting theme! 

-  Week 1: We ❤️ Our Heroes! (Police, firefighters, and more!)
 -  Week 2: We ❤️ Fruits & Vegetables! (Tasty, healthy fun!)
 -  Week 3: We ❤️ Israel! (Culture, traditions, and Hebrew!)
 -  Week 4: We ❤️ Space! (Stars, rockets, and planets!)
 -  Week 5: We ❤️ Science! (Experiments and discoveries!)
 -  Week 6: We ❤️ Animals! (Critters, jungle fun, and farms!)
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SNACK TIME

Yum! We provide healthy, peanut-free, kosher snacks every day!  


 No outside food, please!

 Tip: Send a labeled lunch if your child stays for Stay & Play!


CAMP SPECIALS!

Every day at camp is packed with exciting activities, and we have special weekly events that your little one will love!


MONDAYS: GYMNASTICS WITH COACH ANATOLI




Jump, roll, and stretch!  Coach Anatoli leads a fun gymnastics session to help campers build confidence, balance, and strength in a playful way!

TUESDAYS: SPORTS COACH


Ready, set, go!  Our Sports Coach brings energy and fun with awesome games and activities that help build teamwork and motor skills!

WEDNESDAYS: SPECIAL VISITOR DAY!


Every Wednesday, we welcome a special guest for an exciting new experience!  Past guests have included:






- Bubble Bus  – A magical world of bubbles!
- Critter Caravan  – Hands-on fun with friendly animals!
- Funzone Foam Machine  – A foamy, giggly adventure!

THURSDAYS: YOGA WITH CORRIE

A perfect way to relax and stretch!  Corrie leads a fun and interactive yoga class where campers move, breathe, and play with mindful moments!



SHABBAT FRIDAYS

Every Friday, we celebrate Shabbat together! 


- ✓ Singing & dancing 
- ✓ Lighting candles 
- ✓ Saying the blessings 
- ✓ Enjoying challah & grape juice  


BIRTHDAYS

Got a summer birthday?  Let's celebrate your camper's special day! 



- ✓ Let the Director know in advance 
 - ✓ We'll make it extra special! 
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DIAPER & POTTY TIME

- Diapers are checked & changed as needed! 
- If your child is potty training, pack extra clothes for peace of mind! 😊

 Tip: Have your child use the bathroom before leaving home!

HEALTH & SAFETY

- ✓ Medical Forms: Must be uploaded to Brightwheel before camp starts! 
- ✓ Sick Policy: Keep kiddos home if they have a fever or contagious illness. 🤒
- ✓ Let us know if your child has been sick so we can keep everyone safe! 


 Tip: Encourage handwashing often! 🙌

💛 HELPING WITH SEPARATION 💛

For some campers, this might be their first experience away from home—and that's okay! 💕

Here's how we help:

- ✓ Warm, friendly counselors ready to give reassurance 😊
- ✓ Fun activities to keep them engaged 🧸👧
- ✓ Daily routines that help them feel comfortable ⌚
- ✓ Encouragement & patience 💛

 Tip: A short and confident goodbye helps your child transition smoothly! 🚀

Thank you for being part of the Gan Shemesh family! We're ready for endless fun, adventure, and friendship! 🌟🥗 Let us know if you have any questions! See you soon! 😊💕

GAN SHEMESH SUMMER CAMP 2025



CAMP HOURS
9 AM - 12 PM
12 - 1 PM Stay and Play

SESSION ONE
JUNE 30 - JULY 11

SESSION TWO
JULY 14 - 25

SESSION THREE
JULY 28 - AUG. 8

Fresh fruit and Snacks
Provided

Outdoor waterslides
and sprinklers

Indoor air conditioned
classrooms and large
indoor play area with
bouncy castles

GanBedford.com

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 WE ♥ OUR HEROES	June 30 POLICE GYMNASTICS WITH COACH ANATOLI	July 1 SPORTS COACH HOSPITAL WORKERS	2 SPECIAL VISITOR: TOUCH-TRUCK FIREFIGHTERS	3 YOGA WITH CORRIE USA	4 NO CAMP
WEEK 2 WE ♥ FRUITS AND VEGETABLES	7 GOING BANANAS GYMNASTICS WITH COACH ANATOLI	8 WATERMELON HUNT SPORTS COACH	9 SPECIAL VISITOR: FUNZONE FOAM MACHINE BLUEBERRY PIE	10 YOGA WITH CORRIE SMOOTHIE	11 DANCE PARTY SHABBAT CHALLAH BAKE GRAPE JUICE MAKING
WEEK 3 WE ♥ ISRAEL	14 CLIMB MASADAH GYMNASTICS WITH COACH ANATOLI	15 SPORTS COACH VISIT KOTEL	16 SPECIAL VISITOR: CRITTER CARAVAN ANIMALS FALAFEL	17 YOGA WITH CORRIE TZFAT ARTIST	18 DANCE PARTY SHABBAT CHALLAH BAKE SHUK
WEEK 4 WE ♥ SPACE	21 GYMNASTICS WITH COACH ANATOLI CONSTELLATIONS	22 SPORTS COACH ROCKETS	23 PLANETS	24 YOGA WITH CORRIE SUN/MOON	25 SHABBAT CHALLAH BAKE DANCE PARTY EARTH
WEEK 5 WE ♥ SCIENCE	28 GYMNASTICS WITH COACH ANATOLI VOLCANO CHEMICAL REACTION	29 SPORTS COACH SUGAR CRYSTAL GROWING	30 SPECIAL VISITOR: BUBBLE BUS DINOSAURS	31 YOGA WITH CORRIE THINGS THAT GO	1 DANCE PARTY SHABBAT CHALLAH BAKE YEAST BUBBLES
WEEK 6 WE ♥ ANIMALS	4 FARM ANIMALS GYMNASTICS WITH COACH ANATOLI	5 SPORTS COACH OCEAN ANIMALS	6 SPECIAL VISITOR: CRITTER CARAVAN ANIMALS	7 YOGA WITH CORRIE JUNGLE ANIMALS	8 ICE-CREAM PARTY END OF CAMP